Joint Exam (JE) Practical Test	Student name:	/100
Student has 10 minutes to complete this exam	flexion external flexion	flexion external
grade/5 & comment if issue	left right rotation	nal rotation rotation
0 1 2 3 3.5 4	lateral lateral abduction adduction	ductionabduction
unacceptable poor developing acceptable good ex	extension extension  Perliph  Spinal Joint Periph	extension eral Joint
		2. <b> </b>
Intro statement, explain procedure & co	nsent/5	
Functional Movement	/10	
□ Start with functional motion		
	(/5) (/5)	
□ Bilateral comparison	(	
AROM	/10	
□ Bilateral comp. List of tissue activated & stretched	(/5)	
□ Logical progression, most painful movements last	(/5)	
PROM	/30	
□ Permission to palpate	(/5)	
□ Detailed palpation of region	(/5)	
(list structures below hand - muscle, ligament, nerve, bone, vessel)		
□ Good limb handling & biomechanics	(/5)	
□ Bilateral comparison with logical progression	(/5)	
□ Most painful movements last	(/5)	
□ End-feel identified	(/5)	
Muscle Testing (ABCs)	/ <b>25</b>	
□ Selects correct muscle group & specific muscle	( /5)	
□ Good limb handling & biomechanics	(/5)	
□ Test antagonists	(/5)	
□ Tests muscle length (stretch)	(/5)	
□ Correct muscle grade noted 0-5 scale	(/5)	
Solitor muscle grade noted 5-5 soule	(	
Overall	/20	
□ Provides comprehensive summarization (HIPMNRS)	(/5)	
□ Effective, confident, professional demeanor	(/5)	
□ Lack of prompting &	(/5)	
□ Time management	(/5)	
	MILIIO	
	Proctor:	
Text reference: Evidence Informed Orthopedic Assessment. Vizniak	Date:	