Posture Assessment (PA) Pract	tical Exam	Student name:			/50
Student has 7 minutes to complete this ex	am	· ·	<u>a</u>	4	<u></u>
grade/5 & comment if issue					
0 1 2 3 3.5 4	<u>5</u>				
unacceptable poor developing acceptable goo	d excellent		-	- 3	
Intro statement, procedure & conse	nt/	5			. [2]
□ Does NOT use the word 'posture'		(X X II)	$\langle \rangle$		
Inspection	14	25			
□ Start with full body observation	(/5)	25			
☐ Organized progression of observation in 4 views	\ /				
Anterior View	(/5)				
Foot angle, arches, malleoli, fibular heads, Q-angle, knees, pa-	\				
tellae, pubic bone, ASIS, iliac crest, palms of hands, car- rying angle, waist angles, ribs, clavicles, shoulders, trape- zius neck line, nose, jaw, head.					
Right lateral view	(/5)				
Foot, ankle, knees, pelvic angle, chest, abdo- men, chest, and back, shoulders, spine, ear lobe/tragus/exter- nal auditory meatus					
Left lateral view	(/5)				
Foot, ankle, knees, pelvic angle, chest, abdo- men, chest, and back, shoulders, spine, ear lobe/tragus/exter- nal auditory meatus					
Posterior view	(/5)				
Heels, achilles tendon angle, popliteal fossa, psis, arms, waist a gles, ribs, spine, scapula, shoulders, head	n-				
Palpation		5			
□ Permission to palpate & bilateral comparison	(/5)				
Overall		/15			
□ Provides comprehensive summary (HIPMNRS)	(/5)				
□ Indicates seated/workstation/sleep position if ne	eded (/5)				
□ Effective, confident, professional demeanor Lack of prompting & good time management	(/5)				
				matress too	firm
			5	matress too	soft
				'spine in line,	feeling fine
				spine in line,	eemig me
MUSCLE Text reference: Evidence Informed Muscle Manual	Pro	octor:			
Text reference: Evidence Informed Muscle Manual) [Date:			